



**SANDY BEACH • CRYSTAL WATERS**

---

**RESTAURANT MENU**

---

# Fresh from our kitchen

## BREAKFAST

**Full English Breakfast** **G L** €6.50

2 eggs, 2 streaky bacon, tomato, baked beans and 2 slices toast

**Poached Eggs on Toast** **G L** €6.90

Poached eggs served on a toast with bacon or smoked salmon & small salad

**Pancakes** **G L V** €5.90

3 small thick pancakes served with maple syrup, banana, chocolate sauce & cream

**Spanish Omelette** **L V** €7.90

3 egg omelette with mixed chopped veg, chips & salad

**Mushroom Omelette** **L V** €7.90

3 egg omelette mushrooms, chips & salad

**French Toast** **G L V** €5.90

Sandwich dipped in eggs, pan fried served with honey, sliced bananas & strawberries

*All breakfast dishes served with a side salad - Last orders at 11:30 am*

## SANDWICHES & TOASTIES

**Ham & Cheese** **G L** €2.90

**Cheese, Onion & Tomato** **G L** €2.90

**Chicken & Cheese** **G L** €4.90

**Egg & Bacon** **G L** €3.90

**Smoked Salmon** **G** €5.50

## STARTERS

**Chicken Wings BBQ or Spicy** **G** €8.50

Tossed in BBQ or Buffalo sauce

**Octopus in Garlic** €13.50

Cooked in garlic, fresh basil, cherry tomatoes, extra virgin olive oil & white wine

**Impepata di Cozze** **G** €11.90

Steamed in white wine, leeks, chopped beef tomato & garlic bread

**Calamari Fritti** **G L** €13.50

Dusted deep fried calamari & tossed in garlic oil, salt, pepper & tartar sauce

**Bruschetta Duo** **G V** €6.50

3 grilled bread with tomato, basil, onion, garlic & 3 with garlic butter & parsley

**Pecora in Carrozza** **G L V** €8.90

Deep fried breaded goat cheese served on rucola & drizzled with honey

**Soup of the Day** €7.50

Please ask your server for the daily fresh soup

**Fish Fritters** €8.50

Shallow fried with a mix of fish, parsley, garlic, lemon zest & hint of chillies

**Misto di Salsiccia** €10.50

Trio of grilled sausage served with wholegrain mustard

## TO SHARE

### Italian Antipasto Platter **G L** €16.90

Marinated grilled seasonal veg, Parma ham, buffalo mozzarella, cherry tomatoes, black olives & rucola

### Focaccia Italian **G V** €8.50

Basil, crushed black pepper, kosher salt, cherry tomatoes & extra virgin olive oil

### Focaccia Maltese **G** €10.50

Black olives, kosher salt, eggplant & Maltese sausage

### Mixed Seafood Platter **G** €35.00

4 king prawns, black mussels, octopus in garlic, calamari fritti & 3 fish cakes

## SALADS

### Caprese **L V** €13.70

Fresh buffalo mozzarella with seasoned cherry tomatoes, Parma ham, black olives & basil dressing

### Asian Beef **G N** €14.50

Strips of marinated beef tagliata with teriyaki, sesame seeds, crispy salad, hint of fresh chillies, bell peppers, spring onions & garlic

### Halloumi **L V** €12.70

Grilled Halloumi cheese on a bed of crispy salad, bell peppers, cherry tomatoes & rucola dressing

### Chicken Caesar **G L** €12.90

Grilled chicken breast on a bed of crispy salad, bacon lardons, parmesan shavings, Caesar dressing, croutons & cherry tomatoes

### Mixed Greens & Grilled Veg **V** €8.90

Crispy salad, cherry tomatoes, grilled eggplant, zucchini & bell peppers

### Octopus €14.50

Marinated cold octopus on a bed of crispy salad, cherry tomatoes, olives & lemon

### Smoked Salmon €12.90

Scottish smoked salmon, crispy salad, cherry tomatoes, dill dressing, lemon & olive oil

### Tuna (Subject to availability) €14.90

Char grilled fresh tuna with a crispy salad, cherry tomatoes, black olives, capers, lemon dill & honey dressing

### Greek **L V** €10.90

Chunks of feta cheese, cucumber, beef tomatoes, iceberg lettuce, onion rings, oregano, black olives, lemon juice & crushed black pepper

## PASTA

### Carbonara **G L** €12.50

Bucatini pasta with pancetta, finely chopped onions, garlic, parmesan, crushed black pepper, parsley, dash of cream & raw egg yolk

### Aglio Olio **G V** €8.50

Bucatini pasta with parsley, cherry tomatoes, pepperoncino, garlic, olive oil & ground black pepper

### Al Salmone (Can also be served as risotto) **G L** €13.50

Penne pasta with fresh salmon flamed with vodka, red lumpfish, caviar, finished with a dash of cream & parmesan cheese

### Tuna **G** €13.90

Penne pasta with fresh tuna, capers, bell peppers & tomato salsa

- Grilled Chicken & Mushroom Risotto** **G L** €12.90  
Arborio rice with grilled chicken, mushrooms, flamed with brandy, fresh cream & parmesan cheese
- Lobster & Crab Meat Giant Tortelloni** **G L** €18.50  
Giant tortelloni filled with lobster & crab meat finished with a creamy lobster bisque
- Vongole** **G** €14.90  
Spaghetti with clams in garlic, white wine, fresh herbs & a hint of chillies
- Seafood Spaghetti** **G** €16.50  
Spaghetti with tomato sauce base with a seafood mix, fresh herbs, garlic, shell on black mussels & local Rossi prawns
- Pappardelle Prawns** **G L** €18.50  
Pappardelle with local red prawns, cherry tomato & prawn bisque
- Pappardelle Manzo** **G L** €16.90  
Pappardelle with thin slices of beef flap meat & port wine jus, finished with a dash of fresh cream & parmesan cheese
- Spaghetti Octopus** **G** €14.90  
Spaghetti with octopus, onions, garlic, fish stock & black olives

*Gluten free pasta available at an extra charge of €2.50. - 30 mins wait is expected due to preparation.*

## BURGERS

- Classic Burger** **G L** €10.50  
Beef patty with caramelized onions, beef tomato, crispy salad & chips
- Angus Beef Burger** **G L** €16.50  
270g beef patty with caramelized onions, provolone cheese, crispy salad & chips
- Chicken Royal** **G L** €13.50  
Slices of fresh local chicken breast with provolone cheese, crispy salad & chips
- Rays Burger** **G L V** €14.50  
Beef patty with caramelized onions, mature cheddar cheese, bacon, egg, crispy salad & chips
- Veggie Burger** **G V** €12.50  
Served with marinated grilled bell peppers, eggplant & zucchini in a brioche bun, crispy salad & chips
- EXTRAS - Egg, Cheese, Bacon** €1.20

## MEATS

- Ribeye Steak 350g** €24.90  
Prime cut of beef served with veg & chips
- Tagliata (to share average of 700 to 800g)** **L** €49.00  
Flap meat served with rucola, parmesan shavings, veg & chips
- Full Rack of Pork Ribs** €21.90  
Served with chips
- Chicken a la Chef** **L** €18.50  
Pan seared breast of chicken flamed with brandy, mushrooms, parmesan, fresh cream, veg & chips
- Scaloppine di Pollo al Pomodoro** **G L** €19.50  
Breaded chicken breast with tomato salsa & melted mozzarella fior di latte, veg & chips
- Maltese Bragioli** **L** €19.50  
Traditional stuffed beef with minced beef, pork, chopped bacon, boiled eggs, parmesan cheese braised in a tomato sauce & marrowfat peas, veg & chips
- EXTRA SIDES**
- Pepper sauce** **L** , **Mushroom Sauce** **L** €2.00
- Rucola, Chips** **L** €2.50

## FISH

- Sea Bass Fillets** €21.50  
Poached sea bass fillets in white wine, chopped tomatoes, fresh herbs with crispy salad & steak house chips
- Tuna (Subject to availability)** €21.50  
Fresh tuna steak grilled with traditional Maltese capers & olive salsa served with crispy salad & steak house chips
- Salmon Fillet** €21.50  
Poached in white wine, served with crispy salad & steakhouse chips
- Trio of Fresh Filleted Fish** €27.90  
3 types of filleted fresh fish & 2 fresh local king prawns served with crispy salad & steakhouse chips
- King Prawns** €24.50  
6 king prawns cooked in garlic flamed with Pernod & served with prawn bisque risotto

## PIZZA

- Margherita** G L V €7.50  
Tomato sauce, mozzarella, cherry tomatoes & fresh basil leaves
- Capricciosa** G L €9.95  
Tomato sauce, mozzarella, mushrooms, ham, eggs, olives & artichokes
- Funghi** G L V €8.50  
Tomato sauce, mozzarella & mushrooms
- Peperoni** G L €9.50  
Tomato sauce, mozzarella & spicy salami
- Parma** G L €13.50  
Tomato sauce, mozzarella, rucola, Parma ham & parmesan shavings
- Rays Special pizza - Meat Lovers** G L €13.50  
Tomato sauce, mozzarella, beef, grilled chicken, Maltese sausage, egg & BBQ sauce
- Octopus** G €14.50  
Octopus, Tomato sauce, black olives, basil, onions & extra virgin olive oil
- Chicken** G L €12.50  
Tomato sauce, mozzarella, shredded bell peppers, chicken strips, sweet corn & BBQ sauce
- Tuna** G €12.50  
Fresh tuna, tomato sauce, onions, black olives & oregano
- Parmigiana** G L V €11.50  
Tomato sauce, aubergines & parmesan shavings
- Maltija** G L €12.50  
Tomato sauce, mozzarella, caponata, peppered goat cheese & Maltese sausage
- EXTRA TOPPINGS**
- Mussels, Beef, Parma Ham, Maltese Sausage, Fresh Tuna** €2.50
- Ham, Mushrooms, Olives, Rucola, Eggs, Artichokes** € 1.50

## SUPER KIDS

Penne with tomato sauce or cream <b>G</b>	€6.50
Mini burger patties ( x 2 ) & chips <b>G</b>	€6.50
Chicken little Nuggets ( x 6 ) <b>G</b> chips	€6.50
Kids pizza with cocktail sausages <b>G</b>	€6.50
Fish Fingers	€6.50

## DESSERTS

<b>Apple Pie</b> <b>G</b> <b>L</b> Homemade with Granny Smith apples, raisins, cinnamon, lemon zest & served with vanilla ice cream	€5.75
<b>Chocolate Brownie</b> <b>G</b> <b>L</b> <b>N</b> Homemade brownie served with strawberry ice cream	€5.75
<b>Sticky Toffee pudding</b> <b>G</b> <b>L</b> Served warm with caramel sauce & vanilla ice cream	€5.75
<b>Mqaret</b> <b>G</b> <b>L</b> Deep fried dates served with vanilla ice cream & drizzled with honey	€4.80
<b>Selection of ice-creams (per scoop)</b>	€1.70

**G** CONTAINS GLUTEN   **L** CONTAINS LACTOSE   **N** CONTAINS NUTS   **V** VEGETARIAN DISH

Every dish prepared in our kitchen is fresh.  
Good food takes time to prepare.  
Please be patient while we do our best to  
serve you as soon as possible.

TO RESERVE A TABLE  
OR SUNBED CALL US  
+356 7952 0469



[facebook.com/rayslido](https://www.facebook.com/rayslido)  
[www.rayslido.com](http://www.rayslido.com)

